

Hope Charter Lunch

May 1 - May 31

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 W/G Sunrise Egg & Cheese Pocket - 5oz Celery Sticks w/ Dip - 3/4c Fresh Apple - 1 Milk-8oz	2 Macaroni and Cheese-6 oz. 3 Bean Salad Cup - 3/4c Whole Grain Bread-1 Fresh Orange-1 Milk-8oz	3 W/W Dominos Pizza Slice-1 3 Bean Salad Cup - 3/4c. Fresh Orange-1 Milk - 8oz	4
6 W/G Mini Cheese Quesadillas - 3 Black Beans - 3/4c Fresh Apple - 1 Milk - 8oz	7 Beef Meatloaf w/Ketchup - 3oz French Fries -3/4c Wheat Dinner Roll - 1 Applesauce Cup - 1/2 c. Milk - 8oz	8 Cheese Lasagna with Meat Sauce-4 oz. Green Beans-3/4c. Whole Wheat Dinner Roll - 1 Fresh Banana-1 Milk -8oz	9 BREAKFAST FOR LUNCH French Toast Sticks-3 w/Syrup Turkey Sausage Links-3 Fresh Baby Carrots w/ Dip-1c. Mixed Fruit Cup - 1/2c Milk - 8oz	10 W/W Dominos Pizza Slice-1 Romaine Salad w/ Dressing-1.5c. Fresh Orange-1 Milk - 8oz	11
13 Grilled Chicken Fillet with Gravy-3 oz. Mashed Potatoes-3/4 c. Diced Pear Cup - 1/2c Wheat Dinner Roll -1 Milk - 8oz	14 W/G Popcorn Chicken-3.8 oz. w/ Sweet & Sour Sauce Green Beans-3/4 c. Fresh Apple-1 Whole Grain Bread - 1 Milk - 8oz	15 All Beef Hamburger on a Whole Wheat Bun-1 Diced Carrots-1c. Fresh Banana-1 Milk 8oz	16 Macaroni and Cheese-6 oz. 3 Bean Salad Cup - 3/4c Whole Grain Bread-1 Fresh Orange-1 Milk-8oz	17 COLD LUNCH/ EARLY DISMISSAL W/W Wow Butter Strawberry Jelly Jammer - 1 3 Bean Salad Cup- 3/4c. Fresh Apple - 1 Milk-6 oz.	18 COLD LUNCH Turkey Ham & Swiss on Whole Wheat Potato Bun-1 Potato Salad Cup - 3/4c. Applesauce Cup-1/2 c. Milk-6 oz.
20 Chicken Burger Whole Wheat Bun-1 Vegetarian Beans - 3/4c Mandarin Orange Cup-1/2 c. Milk - 8oz	21 BBQ Beef Riblet on Wheat Hamburger Bun - 1 French Fries - 3/4c. Fresh Apple-1 Milk - 8oz	22 W/W Wow Butter Grape Jelly Jammer - 1 Fresh Baby Carrots w/ Dip-1c. Diced Pear Cup-1/2 c. Milk - 8oz	23 Chicken Meatballs w/ Teriyaki Sauce - 3oz. Oriental Mixed Vegetables - 3/4c. Fresh Apple-1 Whole Wheat Dinner Roll -1 Milk - 8oz	24 SCHOOL CLOSED	25 SCHOOL CLOSED
27 Happy Memorial Day! SCHOOL CLOSED	28 W/G Breaded Chicken Patty on Wheat Hamburger Bun - 1 French Fries - 3/4c. Fresh Apple-1 Milk - 8oz	29 Beef Bologna & Cheese on Whole Grain Bread - 1 Fresh Baby Carrots w/ Dip-1c. Diced Pear Cup-1/2 c. Milk -8oz	30 W/G Cheeseburger Calzone - 5oz. Celery Sticks w/ Dip - 3/4c. Fresh Banana - 1 Milk - 8oz	31 W/W Dominos Pizza Slice-1 Romaine Salad w/ Dressing-1.5c. Fresh Orange-1 Milk - 8oz	

Hope Academy Charter School (HACS) is a free, open-enrollment public school that is required by law to serve all students. HACS is open on a space available basis and shall not discriminate in our admission policies on the basis of intellectual, athletic ability, measures of achievement or aptitude, special education status, proficiency in the English language or any other basis.

Hope Academy Charter School (HACS) es una escuela pública gratuita de inscripción abierta que está obligada por ley a atender a todos los estudiantes. HACS está abierto en función del espacio disponible y no discrimina en sus políticas de admisión en función de los derechos intelectuales, capacidad atlética, medidas de logro o aptitud, estadode educación especial, competencia en el idioma inglés o cualquier otra base.