

Hope Charter Lunch

May 1 - May 31

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 W/G Sunrise Egg & Cheese Pocket - 5oz Celery Sticks w/ Dip - 3/4c Fresh Apple - 1 Milk-8oz	2 Macaroni and Cheese-6 oz. 3 Bean Salad Cup - 3/4c Whole Grain Bread-1 Fresh Orange-1 Milk-8oz	3 W/W Dominos Pizza Slice-1 3 Bean Salad Cup - 3/4c. Fresh Orange-1 Milk - 8oz
6 W/G Mini Cheese Quesadillas - 3 Black Beans - 3/4c Fresh Apple - 1 Milk - 8oz	7 Beef Meatloaf w/Ketchup - 3oz French Fries -3/4c Wheat Dinner Roll - 1 Applesauce Cup - 1/2 c. Milk - 8oz	8 Cheese Lasagna with Meat Sauce-4 oz. Green Beans-3/4c. Whole Wheat Dinner Roll - 1 Fresh Banana-1 Milk -8oz	9 BREAKFAST FOR LUNCH French Toast Sticks-3 w/Syrup Turkey Sausage Links-3 Fresh Baby Carrots w/ Dip-1c. Mixed Fruit Cup - 1/2c Milk - 8oz	10 W/W Dominos Pizza Slice-1 Romaine Salad w/ Dressing-1.5c. Fresh Orange-1 Milk - 8oz
13 Grilled Chicken Fillet with Gravy-3 oz. Mashed Potatoes-3/4 c. Diced Pear Cup - 1/2c Wheat Dinner Roll -1 Milk - 8oz	14 W/G Popcorn Chicken-3.8 oz. w/ Sweet & Sour Sauce Green Beans-3/4 c. Fresh Apple-1 Whole Grain Bread - 1 Milk - 8oz	15 All Beef Hamburger on a Whole Wheat Bun-1 Diced Carrots-1c. Fresh Banana-1 Milk 8oz	16 Macaroni and Cheese-6 oz. 3 Bean Salad Cup - 3/4c Whole Grain Bread-1 Fresh Orange-1 Milk-8oz	17 COLD LUNCH/ EARLY DISMISSAL W/W Wow Butter Strawberry Jelly Jammer - 1 3 Bean Salad Cup- 3/4c. Fresh Apple - 1 Milk-6 oz.
20 Chicken Burger Whole Wheat Bun-1 Vegetarian Beans - 3/4c Mandarin Orange Cup-1/2 c. Milk - 8oz	21 BBQ Beef Riblet on Wheat Hamburger Bun - 1 French Fries - 3/4c. Fresh Apple-1 Milk - 8oz	22 W/W Wow Butter Grape Jelly Jammer - 1 Fresh Baby Carrots w/ Dip-1c. Diced Pear Cup-1/2 c. Milk - 8oz	23 Chicken Meatballs w/ Teriyaki Sauce - 3oz. Oriental Mixed Vegetables - 3/4c. Fresh Apple-1 Whole Wheat Dinner Roll -1 Milk - 8oz	24 SCHOOL CLOSED
27 Happy Memorial Day! SCHOOL CLOSED	28 W/G Breaded Chicken Patty on Wheat Hamburger Bun - 1 French Fries - 3/4c. Fresh Apple-1 Milk - 8oz	29 Beef Bologna & Cheese on Whole Grain Bread - 1 Fresh Baby Carrots w/ Dip-1c. Diced Pear Cup-1/2 c. Milk -8oz	30 W/G Cheeseburger Calzone - 5oz. Celery Sticks w/ Dip - 3/4c. Fresh Banana - 1 Milk - 8oz	31 W/W Dominos Pizza Slice-1 Romaine Salad w/ Dressing-1.5c. Fresh Orange-1 Milk - 8oz

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Hope Academy Charter School (HACS) es una escuela pública gratuita de inscripción abierta que está obligada por ley a atender a todos los estudiantes. HACS está abierto en función del espacio disponible y no discriminará en nuestras políticas o prácticas de admisión en función de los derechos intelectuales, capacidad atlética, medidas de logro o aptitud, estadode educación especial, competencia en el idioma inglés o cualquier otra base.